

# SUMMER 2025

**ILCA**



With a focus on fine-tuning racing techniques, mastering boat handling skills, and implementing advanced strategies, our high-performance sailing coaching empowers participants to excel in competitive sailing events.

## PROGRAM DATES

Month	Week	Days / Week	Details
May	Week 1	29 Thu - 30 Fri - 31 Sat - June 01 Sun	Home Training + Seahorse Regatta @LYC
June	Week 2	21 Sat - 22 Sun	TSA Rockin Rockport Regatta @Rockport Yacht Club
	Week 3	30 Mon - July 1 Tue - 2 Wed - 3 Thu	Home Training
July	Week 4	9 Wed - 10 Thu - 11 Fri - 12 Sat - 13 Sun	Home Training + TYRW @Texas Corinthian Yacht Club
	Week 5	23 Wed - 24 Thu - 26 Sat - 27 Sun	Home Training + Changes in Latitude @Corpus Christi Yacht Club

PROGRAM FEES	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	FULL PROGRAM PRICE WITH DISCOUNT
ILCA WEEKLY MEMBER PRICE	\$340	\$150	\$380	\$395	\$340	\$1445
ILCA WEEKLY NON MEMBER PRICE	\$425	\$190	\$475	\$495	\$425	\$1810

- Sailors must have their own boat.
- Lakewood Yacht Club's ILCA Team encourages sailors to compete and travel at TSA and National Regattas.
- Daily schedule other than home training days will be announced individually.
- Registration is also available on a weekly basis.
- We recommend that all sailors attend the whole program.



### Home Practice Hours

**12:30 PM - 06:00 PM**



[www.lakewoodyachtclub.com](http://www.lakewoodyachtclub.com)