



ILCA SPRING 2026

Welcome to the world of high-performance sailing, you will emerge as confident, skilled, and accomplished sailors, ready to set sail towards success.

Peter Atherton
Sailing Images 

Prerequisite:

If you have previously participated in Optimist sailing competitions and have experience racing in this class, you are well-suited to be a part of our high-performance ILCA team. Your familiarity with the Optimist class will serve as a solid foundation as you transition into the world of high-performance sailing.

Practice Times:

Wednesdays and Thursdays from 3:30 pm to 6:30 pm
Saturdays and Sundays from 9:00 am to 4:00 pm

Fall Program Dates:

First day of fall program: 10 January 2026 Saturday
Last day of fall program: 17 May 2026 Sunday

Program Fees:

Member: \$ 1775
Non-member: \$ 2660
(Including regatta coaching fees for chosen TSA events.)

ILCA Partial Enrollment:

(1 day per weekend practice)

Program Fees:

Member: \$ 1390
Non-Member: \$ 1985
(Including regatta coaching fees for chosen TSA events.)

Program Details:

With a focus on fine-tuning racing techniques, mastering boat handling skills, and implementing advanced strategies, our high-performance sailing coaching empowers participants to excel in competitive sailing events. Through personalized instruction and detailed feedback, our coaches ensure that every sailor receives the support and resources necessary to thrive in the ILCA Fleet. Expected to compete in both TSA events and ILCA NA events. Sailors must have their own boats.

TSA Regatta Calendar

Roadrunner Regatta and Texas State
ILCA Champs
March 28 - 29, 2026
Austin Yacht Club

Grand Prix Regatta and Texas Girls
Championship
May 2 - 3, 2026
Grapevine Sailing Club

There will be no practices during Keels & Wheels Weekend (April 25 - 26)
Additional information regarding training can be found in our Training Policy.

www.lakewoodyachtclub.com

