



LEARN TO SAIL FALL 2025

Welcome to the first step of world of high-performance sailing, you will emerge as confident, skilled, and accomplished sailors, ready to set sail towards success.

Prerequisite:

No experience required.

Program Details:

The curriculum includes sailing and trimming at different points of sail, rigging, and derigging, and having fun in boats.

Age groups: 6 - 12 years of age

Boats: Optimist boats will be used for the “Learn to Sail” program. Boats will be provided by the Lakewood Yacht Club.

Practice Times:

Saturdays and Sundays from 9:00 am to 11:30 am

Fall Program Dates:

First day of fall program: 23 August 2025 Saturday
Last day of fall program: 23 November 2025 Sunday

Program Fees:

Member: \$ 390

Non-member: \$ 545

Course Materials:

Appropriate buoyancy aid
Sea shorts
UV-protected lycra t-shirt
Neoprene suit (Optional)
Sea shoes (plastic sole – easy dry)
Swimsuit
Hat
Suncream
Towel
Spare dry apparel
Water bottle
Sunglasses (optional)

Safety:

All sailors must wear buoyancy aid during all times they are at the seaside. Our facility is a private sailing facility that is sheltered and closed for the outer entrance. All operational action plans from risk analysis to emergency plans are made and we are ready for every kind of scenario with our knowledge.

- * There will be no practices during Labor Day Weekend (August 30 - 31)
- * Additional information regarding training can be found in our Training Policy.

www.lakewoodyachtclub.com

